

# Dr. Kristen A Albert, NCC

Executive, Leadership, and Life Coach

kristenalbert@me.com

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## Summary

As a Leadership and Executive coach, I dedicate my work to helping leaders at all levels develop strong strategic leadership practices in order to create cohesive, visionary, and resilient teams. Top level executives maximize their potential when they partner with an unbiased and perceptive accountability partner (executive coach) so they can develop and position themselves to become transformational leaders within their organizations.

As an Executive, Leadership, and Life coach, I help people create satisfaction and achieve extraordinary results in their lives and careers. From career transitions to creating a new pace or a more satisfying way of living, my clients will attest that "coaching will change your life!"

Turning Points LLC--  
Live. Work. Satisfied.

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## Experience

President & Executive, Leadership, and Life Coach at Turning Points LLC

May 2011 - Present

<http://www.liveworksatisfied.com>

Empowering people and organizations for a lifetime of transformation and satisfaction.

Online scheduling is available from website.

FREE consultations.

Team Leader

January 2015 - December 2017 (3 years)

Executive and Leadership Coach, Samaritan Business Consulting at Samaritan Counseling Center of Lancaster

November 2014 - December 2017 (3 years 2 months)

Specializing in executive and leadership coaching, especially for women in business and individuals in upper and middle management, organizational health, strategic planning, team facilitation, and special program development.

Member at The Lancaster Chamber of Commerce & Industry

2014 - 2017 (4 years)

## Board Member

March 2008 - March 2014 (6 years 1 month)

Higher Education Representative (2008-2010)

Member at Large, Group Facilitator and Mediator (2011-2014)

## Lecturer, Adjunct Professor of Music Education at York College of Pennsylvania

July 2012 - December 2012 (6 months)

Elementary Methods

Foundations of Music Theory

## Associate Professor at West Chester University

January 2001 - July 2012 (11 years 7 months)

Specialties include Educational Leadership, Curriculum Design, Differentiated Instruction, Kodaly Methodology, Choral Methods, Classroom Environment, and Instructional Design.

## Artistic Director

May 2006 - June 2012 (6 years 2 months)

Direct and manage all aspects of a k-12 community choral program.

## Teacher

August 1992 - January 2001 (8 years 6 months)

Middle School classroom and vocal music

## School Counselor at Manheim Township School District

August 1990 - June 1992 (1 year 11 months)

Counselor, gr. 6-8

## School Counselor at Hempfield School District

August 1989 - June 1990 (11 months)

High School Counselor, gr. 9

## Teacher at Manheim Township School District

August 1984 - June 1989 (4 years 11 months)

Middle School classroom and vocal music

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## Education

University of Delaware

Doctor of Education, Educational Leadership: Curriculum and Instruction w/ specialization in Educational Technology, 2002 - 2006

Hempfield High School

Distinguished Alumni Award, 2010, 1976 - 1980

Newfield Network

Diploma- Newfield Coach Training Program, Ontological Coaching, 2012 - 2013

Shippensburg University of Pennsylvania

M.Ed., Secondary Counseling, 1984 - 1989

Millersville University of Pennsylvania

B.S. Music Education, K-12 Music Education, 1980 - 1983

West Texas Kodaly Initiative

Kodaly Certification, Kodaly Methodology and Musicianship, 2009 - 2010

Activities and Societies: Completed Kodaly Levels earning Certification endorsed by the Organization of Kodaly Educators (OAKE.org)

Temple University

Continuing Education, Music Education, 2000 - 2001

Activities and Societies: Continuing Education in Music Education

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[Contact Dr. Kristen A on LinkedIn](#)